

A photograph of a large, multi-story stone building with a red-tiled roof and a prominent tower with a red dome. The building features a series of arches on the ground floor and a row of windows on the upper floor. In the foreground, there is a green lawn and a low stone wall with decorative urns. The sky is blue with some clouds.

Conquering Chemistry

Hannah Pescaru

Disclosure and References

- Content is meant for educational purposes
- Some images are not mine and consist of stock photos, Google images, etc.

Outline

- About me
- My journey to Stanford
- The Stanford experience
- Advice / learning moments
- Questions



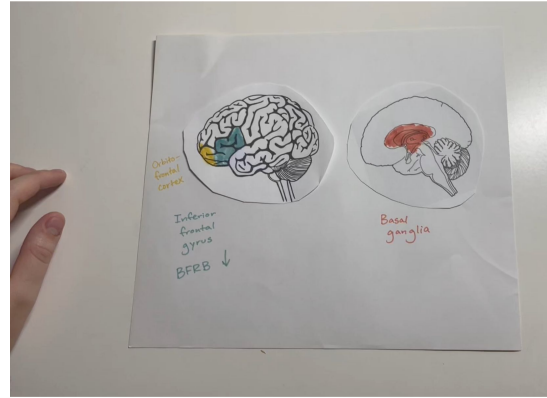
About Me

- Originally from Chicago
 - Family from Romania
- Public school
- Enjoys listening to music, running, and baking



About Me (Academically)

- Interested in body-focused repetitive behaviors (BFRBs)
- Part of the International Young Researchers' Conference
 - Now work as an administrator
 - Register for the IYRC Winter STEM program!
- Developed interest in research (particularly about the brain)
- Interested in going into medicine (now MD-PhD)



IYRC
2021



A CYCLE OF STRESS: A STUDY OF INCREASED COVID-19 EXPOSURE THROUGH BODY-FOCUSED REPETITIVE BEHAVIORS

by *Hannah Pescaru*

Category: Humanities and Social Sciences

Abstract – Body-focused repetitive behaviors (BFRBs), impacting up to 5% of the population, are behaviors in which a person uncontrollably fidgets with his or her own body in ways that leave physical harm. They can often be

About Me (Academically)

- Wrote essays on both academic and personal interests
- Took standardized tests multiple times
- Didn't get interviews to every school I applied to (does it matter?)
- Took APs when offered, but prioritized ones that actually interested me

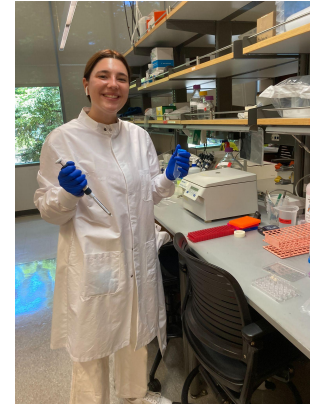
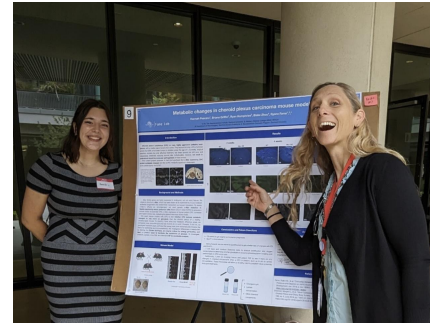
Why Stanford?

- Prioritized research
- Felt more modern/innovative
 - Had the major I was considering
- Quarter system
- California!



My Stanford Experience!

- Immense growth professionally and mentally
 - Intense schedule
 - Learning to be content where/how I am
 - New experiences I wasn't used to
 - Changed my major!
- Met my best friends
- Feeling more equipped to handle a career in medicine (and research now!)



What Have I Learned?

- Don't compare yourself
- It's not that serious
 - What IS serious?
- Learn how to say 'yes' and 'no'

Advice / What Would I Change?

- Accepting that things are out of my control
 - Don't weigh all of your self-worth on one college / reader
- BE YOURSELF!
 - Explore / expand on interests, but stay true to your core
 - Helps with interviews and essays!
 - Keeps you happy and sane
- Remember who you are
 - Scores, numbers, grades don't define you

Little Promo :)



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Thank You!

Any questions?